

# The Crab Pot



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## Upcoming Chapter Events

- ✂ Maryland 99s November Meeting (Virtual)
  - ➔ Date/Time: Nov 14, 2020 10:00 AM Eastern Time
  - ➔ <https://us04web.zoom.us/j/9739925140?pwd=NDIEekNXVXIincjJCChROZDNPS2UxUT09>

## Upcoming Regional Events

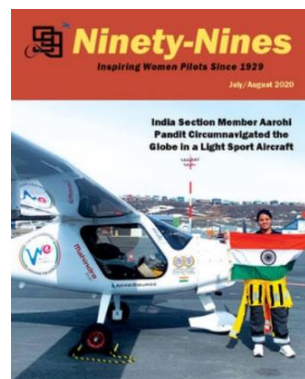
Check the 99s Calendar Website for Upcoming Events:

- ✂ <https://www.ninety-nines.org/calendar.htm>

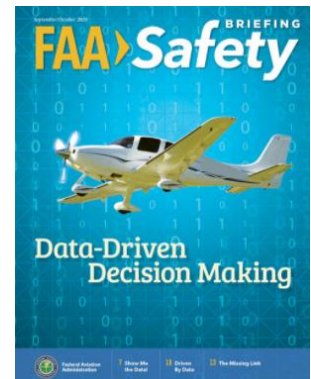
## Publications

### 2020-2021 Chapter Officers

- Chair:** Jane Toskes  
✂ [Planejane49@gmail.com](mailto:Planejane49@gmail.com) (443-756-7890)
- Vice Chair / Webmaster:** Sophia Dengo  
✂ [sdengo@gmail.com](mailto:sdengo@gmail.com) (832-566-3655)
- Secretary:** Meaghan Cohen  
✂ [Meaghan83@gmail.com](mailto:Meaghan83@gmail.com) (443-799-5770)
- Treasurer:** Alice Li  
✂ [lizhengzju@gmail.com](mailto:lizhengzju@gmail.com) (404-984-0617)
- Member Chair:** Donna Suwall  
✂ [dsuwall@aol.com](mailto:dsuwall@aol.com) (410-608-7542)
- AEMSF Chair:** Carol Christian  
✂ [carolc91@gmail.com](mailto:carolc91@gmail.com) (410-929-2359)



<https://www.ninety-nines.org/pdf/newsmagazine/20200708.pdf>



[https://www.faa.gov/news/safety\\_briefing/2020/media/SepOct2020.pdf](https://www.faa.gov/news/safety_briefing/2020/media/SepOct2020.pdf)

## NEW Maryland 99 Chapter Vice Chairman – Sophia Dengo

Sophia Dengo has kindly volunteered to fill to Vice Chairman position through remainder of the current term (June 2021). This is in addition to the Webmaster duties she performs! **Thank you so much Sophia!**

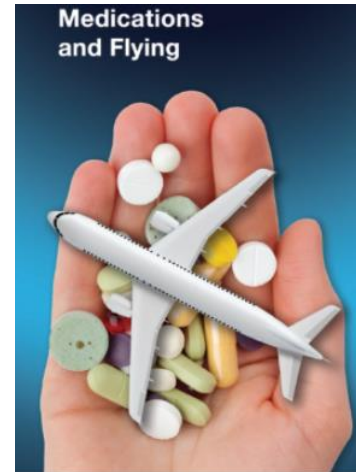
## Chapter Newsletter Input

- ✂ Send us your latest flying destinations, restaurant recommendations, or any new ratings/endorsements!

## Monthly Feature – Avoiding Adverse Drug Interactions

Submitted by General Aviation Joint Steering Committee (GAJSC) Loss of Control (LOC) Work Group

Several studies published by the FAA Toxicology Laboratory on toxicology samples of deceased pilots indicated the presence of illicit drugs, and prescription or over-the-counter medications in 42% of subjects tested. While NTSB and FAA have not necessarily cited drug or medication use as a causal factor in these accidents; the magnitude of these findings poses two questions. Have the drugs found in recent investigations, diminished pilots ability to safely conduct flight operations? Have the medical conditions requiring use of those drugs compromised pilots ability to fly safely? It may be impossible to say after the fact to what extent a drug compromised a pilot's capability but it is safe to say that a consultation with one's Aviation Medical Examiner (AME) is a good idea before flying while using any drug.



### Preflight after Maintenance

- ✘ 42% of pilots in fatal crashes had some sort of drug/medication in their systems during the flight
- ✘ Some of these medications carry very specific warnings against operating machinery or motor vehicles or performing tasks requiring alertness. Flying certainly is included, even in a glider or hot-air balloon.
- ✘ Illicit drugs always impair human performance.
- ✘ Healthcare providers may prescribe drugs that could compromise pilots' abilities – especially if the doctor is not aware that the patient is a pilot.
- ✘ Combinations of prescription and OTC medications can be particularly dangerous. Pilots should consult their AME before taking a combination of medications.
- ✘ Pilots must truthfully report all medical conditions and drug use on their medical application forms and should consult their AME with respect to all medical conditions and drug use before flight.

### Drug Interactions



<https://www.fda.gov/media/76562/download>

**Consult your AME!**



### Tips

- **Consult your AME and read the labels before flying while using prescription and/or OTC Drugs.**
- **Make sure your AME knows about all the drugs you take and the medical conditions requiring their use.**
- **Let your prescribing doctor know that you are a pilot.**
- **Ask about adverse effects associated with drug combinations and with foods and dietary supplements..**
- **In between doctor visits you're self assessing your condition before each flight. Ground yourself when you're not fit to fly.**



### References:

#### **Medications and Flying – FAA Brochure**

[http://www.faa.gov/pilots/safety/pilotsafetybrochures/media/Meds\\_brochure.pdf](http://www.faa.gov/pilots/safety/pilotsafetybrochures/media/Meds_brochure.pdf)

#### **NTSB Safety Alerts (SA-037)**

<http://www.nts.gov/safety/safety-alerts/Pages/default.aspx>

## Mid-Atlantic Section Scholarship

**Application Deadline:** October 31, 2020

**Scholarship Amount:** Up to \$5,000

**Brief Description:** To support women pilots in the continued pursuit of aeronautical skills, both professionally and recreationally. Any Ninety-Nines member seeking to increase proficiency or regain currency by adding a new rating or certificate by participating in a defined training activity, e.g. instrument training, seaplane, tailwheel, mountain flying, aerobatics.

→ This scholarship is NOT available to student pilots for initial flight training in obtaining their private pilot certificate.

**Scholarship Requirements:** Application consisting of the following:

- ✘ An essay strictly limited to **one** typewritten page describing the applicant's objectives in obtaining the scholarship (i.e. professional aviation career; increasing proficiency; regaining currency), and how the scholarship will be used to advance that goal.
- ✘ Essays should emphasize what this training would mean to the applicant, and how the applicant would "**pay it forward**" to other Ninety-Nines by returning value to the aviation community.
- ✘ Any supporting documentation you deem important, such as:
  - Evidence of passing written or practical test, if applicable.
  - Current flight medical/BFR or other pertinent training
  - Documented **TOTAL** cost of flight training requested *and* how you will pay for the additional cost of training not covered by the scholarship (make it clear that there are sufficient funds from other sources to complete the training or course of study). Financial need is not a requirement, but is an evaluation factor (tie-breaker).
- ✘ Letter of recommendation from applicant's chapter chair verifying member's activity & participation in Chapter.

Scholarship Limitations:

- ✘ Applicant must be a current member (in good standing) of the Mid Atlantic Section of The Ninety-Nines.
- ✘ Training must be completed at the discretion of the committee.
- ✘ Scholarship is **NOT** available to student pilots for initial flight training towards their private pilot certificate.
- ✘ The Mid Atlantic Section of The Ninety-Nines Scholarship Committee *may* request additional information.

Scholarship funds will be disbursed to the appropriate training FBO or training organization.

Invoices shall be submitted to the Treasurer of the Mid Atlantic Scholarship of The Ninety-Nines.

Scholarship will be awarded based on qualified applicant and Award will be announced at the Fall Section Meeting.

*Contact Information, Name & Position:* RJ McGlasson, Chair, Mid Atlantic Scholarship Committee

*Address:* 4508 20th Street North, Arlington, VA 22207 *Telephone:* 703 407-2764 *Email:* [rjmcglasson@gmail.com](mailto:rjmcglasson@gmail.com)

## Amelia Earhart Memorial Scholarships

**Application Deadline:** January 1, 2021

Each year [Amelia Earhart Memorial Scholarships](#) are awarded to qualified members for five different scholarship types.

- ◆ 2021 AE Flight Training Scholarship Application
- ◆ 2021 AE Academic Scholarship Application
- ◆ 2021 AE Technical Training Scholarship Applications
- ◆ 2021 AE Vicki Cruse Memorial Scholarship Application for Emergency Maneuver Training
- ◆ 2021 AE Kitty Houghton Memorial Scholarship Application

For more information, contact Carol Christian or visit: <https://www.ninety-nines.org/scholarships.htm>



## October Chapter Meeting

Virtual Attendees: Anita Ammon, Christine Estacion, Meaghan Cohen, Sophia Dengo, Leslie Hoffmeister, Alice Li, Jane Toskes

- ✘ **Discussion** We welcomed our new members! Jane gave everyone an update on Madeline Burriss and gave us a review of former 99 Member Dee Watson's new book, Adam. If anyone is interested in reading Dee's book, please reach out to Jane! Finally, Jane reminded everyone of the upcoming October 31<sup>st</sup> deadline for the Mid-Atlantic Section Scholarship.
- ✘ **2021 Spring Section Meeting** We discussed dates for the 2021 Section meeting our Chapter will be hosting. Discussed last two weekends in April. Donna will reach out to Ian from the Maryland National Guard to see if they can support an A10 Program again. We are planning to host this Section meeting **virtually** so our previous Agenda may be modified.
- ✘ **Archiving Data / Backups** Sophia has investigated several options for preserving our Chapter's history. We need to identify what specifically we have and want to back-up (photos, documents, etc.) so we can better evaluate the options. Leslie generously offered to help with scanning – thank you Leslie!

Our next meeting (virtual) will be November 14<sup>th</sup> at 10:00 A.M. See page 1 for details.

## Member Update – Mrs. Madeline Burriss

As previously reported, Madeline broke her femur and underwent surgery at GBMS. Madeline's daughter, Nancy, reports her Mother is doing very well with her rehab and has been moved to a Rehab/Nursing Facility in the Lutherville/Timonium area. Visitors are allowed but all visits will be outside so please call the nurses' station if considering a visit to see if Madeline is up for it.

Donna graciously organized a card and flowers from the Chapter which were very much appreciated by Madeline. If you would like to call or send a card to brighten Madeline's day, her contact details at the facility are below:

Mrs. Madeline Burriss  
Lorien at Mays Chapel---Rm. 310  
12230 Roundwood Rd. Timonium, MD 21093  
Phone in Room--410-252-0880 EXT. 3102 (After 4:00 or weekends are best times)

## METAR and TAF by Text Message (Two Options!)

Text keyword **M** or METAR or **T** or TAF and **ICAO airport code** to **358-782** or FLT SVC.

Leidos weather by text message commands:

**HELP** for menu of options

**M** or **Metar** plus airport **ICAO code**

**T** or **TAF** plus airport **ICAO code**

**ACU** plus active **flight plan ID** for adverse conditions update

**PT** for Plain Text instead of the standard abbreviations.



**AVIATION WEATHER CENTER**  
NOAA NATIONAL WEATHER SERVICE

AviationWeather.gov also has a Service to receive METARs and TAFs in the air with cell signal. No 4G/Wi-Fi required.

Add (714) 352-4346 to your contacts and Text the Airport Identifier

### References:

<https://aviationweather.gov/dataserver>

<https://www.1800wxbrief.com/Website/#!/sms-text-message-service>



Messages (714) 352-4346 Contact

KFUL KLGB

KFUL 031853Z 0000KT 4SM HZ  
CLR 19/12 A3007 RMK AO2 SLP183  
T01890122

KLGB 031853Z 0000KT 6SM HZ  
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TAF: KLGB 031747Z 0318/0418  
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FM040600 35002KT 5SM BR  
OVC100